

September/October 2022



COMMUNITY PRIDE ALIVE IN OUR COMMUNITY

From the Mayor

By: Gary Griffith
740.768.2632

I hope everyone has been enjoying the beautiful weather we've been having here in the Berg! The cooler weather sure is a break from the hot temperature we were having in July.

Columbia Gas is continuing with the replacement of gas lines in the Village and will be continuing until they have all the residents on First, Second, Adams, and Jefferson Streets connected to the new lines. A big thank you to Columbia Gas and their contractor, NPL, for their professionalism and top-notch work.

The Jefferson County Land Bank has finally taken possession of 36 Valley View, and the structure will be demolished and cleaned up. Thank You Jefferson County Land Bank for investing in Bergholz.

A big thank you to Chad Hazlip, TJ Balint, and Mark Clark for helping keep the Village mowed and trimmed this summer. If you own property in the Village, it's the property owner's responsibility to keep their property

mowed. A big thank you to the different property owners that are reinvesting in their homes and giving them a face lift. This shows you have pride in our community! A big thank you to the Larry Crow curb committee for taking care of the curbs on the truck route and Second Street. We get a lot of positive comments on a job well done!

Just a reminder that fall is coming, and the Village will be picking up yard cleanup that is bagged and placed by the curb. This is usually done one day a week, Monday or Tuesday. If we miss you, let me know so we can get it!

Bergholz is an ATV friendly Village of which you are permitted to ride your ATV/Side by Side on Village Streets with a permit from the Village. The sticker can be purchased at the City Building by either calling 740-768- 2200 to set up an appointment with Jeff Kemmer or get ahold of myself.

You can have a small campfire for outdoor cooking but please be respectful of your neighbors and extinguish it when you are done. Please don't let it smolder. The

State of Ohio has passed a bill allowing fireworks to be let off on several different dates. Bergholz has an Ordinance that supersedes the State Law that says fireworks can only be displayed by a licensed fireworks person. So, this means fireworks in the Village are prohibited unless you have a license and permission from the Village.

It was brought up at Council about roll-off boxes. As of present there are no laws on the Village books pertaining to these boxes. It was addressed to Council several years ago. At the time, Council decided to leave the box situation alone. The Village asks that if you are using a box at your property to please make sure you don't block sidewalks due to the American Civil Disability Law. If you can't put it in the yard or driveway, it is legal to put it on the street. If you do place it on the street be respectful of your neighbors as far as parking and such. Also have the company place a cone or make sure the box has reflective marks on it so it can be seen in the dark. I want to thank residents for using these boxes and not

piling remodeling debris in the yard to dispose later.

Thank You to Dave and Jenny McBane for purchasing 60 feet of 36" pipe to be placed in the creek that runs through their property on First Street that has been overflowing lately and causing problems for property owners around the creek.

As always Council tries to get grants for different projects in the Village. When and if we receive any of this money, it is specified for certain projects. We are audited on the spending, so we just can't use it anywhere we'd like. One of the biggest projects we have is paving. The different grants we have tried to get have been denied for some reason or another! The last grant we were able to get for paving was on Valley View. To do what was done then was in the neighborhood of \$45,000. For the same project now, the price has doubled!

In closing school will be back in session at time of this publication so be cautious when traveling the Village streets during the morning and afternoon when the school buses will be picking up and returning

From the Mayor(cont)

students to their homes.

In closing I want to Thank all Village residents both past and present for what you do to make Bergholz the envy of the Valley!

Mayor Gary Griffith

Bergholz Community Foundation

By: Nikki Klein

The Bergholz Community Foundation is hosting a Community Shredding Event on Saturday, September 24th. The company Shred-it is coming to town. This event will be held at the BVFD 9am-noon. Please feel free to take this opportunity to destroy confidential documents that you might have laying around. With all the identity theft that has been occurring, it's a safe way to destroy some of your personal confidential documents. Please check our website and Facebook page for updates.

Congratulations to the scholarship recipients: Adriana Bertini, Ian McBane, Freddy Jones, Emily Phillips, Abigail Kinney, Kiera Reese, Delaney Johnson, Gavin Barnhouse, and Katelin Kowalczyk. We wish you all the best of luck in college.

The Senior banners have been taken down the. If you would like to pick up your banner, it will be at McBane Insurance in Bergholz from June 30 thru July 31st.

Reminder: Mallory Puckett, CNP (nurse practitioner) of Total Medical Care changed her day of the week in Bergholz from Wednesdays to Mondays. Pro Medica Lab has also switched from Wednesdays to Mondays. Call 740-768-1001 on Mondays to make appointments. Call 330-956-5236 anytime during the week and let the office know that you would like to make an appointment with Mallory at the Bergholz location.

If you would like to decorate the Community Board, please contact a board member. The community enjoyed seeing your artwork on display. Have a great summer!



Northeast Jefferson County Food Pantry

The food pantry is every Third Thursday of every month except in August. The Pantry is closed in August. The work program is every first Saturday of every month except in August.

Our officers are Ronnie Shockley President: Kathy Warner Vice President.

If you need to contact the Pantry, call Ronnie at 330-627-4080 or email him ronnieshockley1961@outlook.com, or call Kathy Warner 740-543-3590.

You can make donations to: The Northeast Jefferson County Food Pantry, PO Box 613 Bergholz, Ohio 43908. Please make Checks payable to: The Northeast Jefferson County Food Pantry. The donations are tax deductible. The pantry is a part of a tax-exempt nonprofit 501(C) (3) organization. May God Bless you and your family! The Pantry would like to thank everyone who donates to the pantry, all the different organizations and all the personal donations from everyone who helps keep the Pantry going. May God keep blessing the Pantry. THANK YOU!

WEBA Food Pantry

By: Ann Wiley 740.543.3972

Thank you to everyone who shopped at the summer WEBA yard sale. We appreciate your support of the WEBA Food Pantry.

Produce and Pantry pass out days are as follows:
September 16 Produce
September 24 Food
October 21 Produce
October 29 Food
November 18 Produce
November 19 Food
December 16 Produce
December 17 Food

We want to give a grateful thank you to the Alpha Mu Chapter of Delta Kappa Gamma International Society of Women Educators for the donation of \$302.00 worth of personal hygiene products for May, June, and July.

Another note of thanks to all the wonderful volunteers who give of their time to help at the pantry. Your service is much appreciated, and we are blessed to have you volunteering your time and energy.

East Springfield Community Recreation & Service Center

By: Sue Call 740.543.3700

Join us for our monthly dinner. We have changed the date to the second Thursday of each month. The time is 4-6:00 pm. On Thursday, September 8th, we will have Cabbage Rolls, mashed potatoes, green beans, bread, drink, and dessert. The cost will be \$10.00. Come join us for a filling dinner and visit with your neighbors. We sure could use extra help during these meals. Let me know if you are available or just show up! We haven't decided what we will be serving on October 13th.

We are still in the planning stages for our annual Halloween Party. The date hasn't been determined yet. It will start at 6:30pm following the Trunk or Treat at Christ UMC Parking lot. There will be cash prizes for costume winners of all ages and plenty of food.

Check social media or flyers posted in the community for details of all Center activities. The Center is available to rent. Please contact me for prices and availability.

Let's Fight Together

By: T.J. Anderson

740.512.3278 740.543.4353

letsfighttogether58@gmail.com

Let's Fight Together is very busy with fund raising activities. I sell jerky at many local venues. Three upcoming events are:

Annapolis Mini Flea Market (at the intersection of County Rd 39 and State Route 646) September 10th 10am-4pm

Jewett Open Air Market (308 E Main St Jewett) September 8th & 22nd and October 13th.

Soup and Sandwich Fundraiser (Glenn Mills Senior Center 7576 State Route 152 Richmond) October 22nd 3pm-6pm. There will be Raffles and a Bake Sale too.

Please come and support Kidney Dialysis.

Amsterdam Community Church of God

8247 Bear Road SE

By: Tony Kovalsky

740.543.4041

Church: 740. 543.3927

Parsonage: 740. 543.3036

Amsterdamchog@gmail.com

It has been a busy and fast-moving summer at the church. We finished Vacation Bible (VBS) in August with 48 kids attending and 35 youth and adult volunteers. Almost \$120 was raised through offerings to provide shipping for our Operation Christmas Child Shoebox Ministry through Samaritans Purse. On Friday of VBS, each kid made a friendship bracelet that will be placed in the shoeboxes. Sunday

morning, August 14, we celebrated VBS with a musical program followed by a hotdog luncheon and bookbag distribution.

By the time you receive this newsletter we will be finishing our 21 Days of Fasting and Emphasis. Approximately 30 adults are reading and praying with daily readings concerning 19 Mercies of God from Brennan Manning's book **The Ragamuffin Gospel**. On Monday, September 12 we will begin a study of Manning's book at the parsonage. We will meet for 5 weeks at 6:30. If you are interested in joining this study, please contact the church.

Sunday, September 18th, we will celebrate the end of summer and the beginning of fall with the national Back to Church Sunday campaign. We will have a picnic following the AM service with chicken, hamburgers, and hotdogs. Come and enjoy some great fellowship, food, and fun.

In June, we purchased a 15-passenger van with a chair lift for those who are physically challenged. It will be used for the activities planned and eventually to pick people up for church services. This will be a great asset to the church and the communities we minister to.

Our J.O.Y. (Just Older Youth: 50+) Ministry has two trips being planned. In September we plan to

attend the Pittsburgh Zoo's Asian Lantern Festival in Pittsburgh on Sunday, September 18. We will leave the church in the afternoon to eat together before touring the festival. The annual Fall Feast for Senior Adults (50+) on Tuesday, October 4, at Walnut Creek's Der Dutchman. The cost is \$25.00 and includes the meal, transportation, and entertainment. We will leave the church around 10:00 am. This is always a great time to celebrate with friends.

Several men will attend a Retreat September 30-October 1 at the NEO Retreat Center of the Church of God, Berlin Center. We are going to join with other men in Northeast Ohio for a time of studying God's word, worshipping together in song, sharing good food, and growing together in Christ!

The Youth normally meet on Saturday evenings at 5:00 for fellowship and learning about living a Christ-Centered life. The first Sunday, they will join with other youth in NE Ohio for their Annual Fall Rally on Sunday, October 2. They will be raising funds this fall for the Ohio State Youth Convention in Springfield November 11-13. The theme is Reinvention-Awake-Anew-Alive based on 2 Corinthians 5:17 *"Therefore, if anyone is in Christ, the new creation*

has come: The old has gone, the new is here!"

October is Pastor Appreciation Month and on Sunday, October 23, will honor our pastor with a dinner following the AM service.

Our Annual Trunk-R-Treat (Fall Festival) will be Saturday, October 29, from 4:00-6:00 PM. We will have games, candy, food, candy, door prizes, candy and other activities planned for children and adults. This is a free event and hope you will attend.

Celebrate Recovery is a Christ-centered ministry for anyone struggling with hurts, habits, or hang-ups of any kind. CR is a safe place to find community and freedom from the issues that are controlling our lives. CR meets every Wednesday at 6:30.

Our Sunday morning worship service starts at 10:30 each week with the children being dismissed during the service for an experience geared towards their ages. On Thursday evenings at 7:00 the women and men meet in separate rooms for Bible Study and Prayer. There is also a Prayer and Bible Study held on Wednesday nights.

All of our trips are open to anyone and, of course, everyone is welcome to worship with us as we are *Becoming A Christ-Centered Church By Growing Christ-Centered Followers.*





**Trinity United
Presbyterian**

*By: Richard Cunningham
Church - 740.768.2511*

Pastor - 740.424.6143

**Lessons We Can Learn
from Geese**

With summer changing to autumn, we will soon be seeing and hearing the geese overhead as they migrate south to warmer climate for the winter months. Studies have determined that this instinctive journey has taught the flocks of geese lessons from which we can profit as well.

As geese flap their wings, they create an uplift for the bird following. By flying in a V formation, the whole flock adds 71% greater flying range than if any bird were to fly alone. If we share a common direction and a sense of community, we can get where we are going more quickly and easily because we are traveling on the thrust of one another.

HEBREWS 12:1-2, "Let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith"

When a goose falls out of formation, it suddenly feels the drag and resistance of

trying to fly alone and quickly gets back into formation to take advantage of the lifting power of the bird immediately in front. If we have as much sense as geese, we will stay in formation with those who are headed where we want to go, and we will be willing to accept their help as well as give our help to others along the way.

MARK 10:43, "Whoever wants to become great among you must be your servant, and whoever wants to be first must be servant of all"

When the lead goose gets tired, it rotates back into formation and another goose flies at the point position. If we take turns doing the hard tasks and sharing leadership as with the geese, we become interdependent with one another.

ROMANS 12:6, "We have different gifts, according to the grace given to each of us.

The geese in formation honk from behind to encourage those up front to keep up their speed. If we "honk," we need to make sure it is positive and encouraging.

ROMANS 12:12-13, "Be joyful in hope, patient in affliction, faithful in prayer. Share with the Lord's people who are in need. Practice hospitality."

When a goose gets sick or wounded, two geese drop out of formation and follow it down to help and protect it. They stay with it

until it is able to fly again or dies. They then start out on their own, with another formation or catch up with the flock. If we have as much sense as geese, we too will stand by each other in difficult times, as well as when we are strong. Let us all try to fly in formation and remember to drop back to help those who might need it!

GALATIANS 6:9-10, "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers."

As you go about your day, please remember these lessons from geese. Let us see how many people we can lift up and encourage today. Thanks to Rev. Bob Willits for this insight on faith.

Also, now as the new school year begins and always let us keep in our prayers all students, teachers, administrators, and support staff. May the blessings of the Lord be on them all.

Something to Think About
By: Dave Miller

I would like to use my column this issue of the Bergholz Foundation Newsletter to share information about a most under-utilized service available to the Senior

residents of Bergholz and the Jefferson County area.

That is the Prime-Time Senior lunch program available at the Bergholz Firehouse each weekday at 11:30am. It is for residents of Jefferson County who are 60 years of age or older. Reservations are required and may be made the day before you plan to attend by calling the Director, Cass Hutchison at 740.768.2663.

Not only is a meal served, but there is a card game, puzzles to put together, or as many of us who attend, we just sit and chat about the events of the day. We would welcome you to join us in coming days.

May I say a word of caution to those of you who drive on the streets of Bergholz? Please observe the posted speed limits in the village. There are several children who ride bicycles in the village, and it's good to see the kids outside, but sometimes ATVs and vehicles are exceeding the speed limit. Let's obey the posted speed limit for the safety of our children.



**Deadline for the
November/December
Newsletter is
Friday, October 14th.**

**Bergholz/Chestnut
Ridge United
Methodist Churches**

By: Pastor Lee Iden

330.894.2389/330.614.4395

WOW! Is the summer almost gone... ALREADY! It didn't seem too long ago that I said, "Well, summer's almost here...AND NOT IT'S GONE! Where did it go? Oh well, whatever.

It has indeed been a quick summer, not a bad one, just quick! In some ways this year was a hard one. We lost a person I considered to be a GOOD friend. Bob Moser, a friend and an absolutely AMAZING piano player passed away suddenly on June 12th doing what Bob LOVED to do, playing a piano for his Lord, in church. That was his life, that was his, that was his passion, that was his ministry...or at least one of them! He is ALREADY missed a lot!

At Bergholz UMC, we began practice for our next community concert, without Bob as our accompanist. We practice on Sunday evenings at 6:00pm at Bergholz UMC with a projected concert date of Sept. 11th, 2022. Ike Moser will again be our director. And he is AMAZING, both in talent as a director and also as a vocalist! Darlene Iden has stepped in as accompanist along with Bob's sister Allyson who is herself quite gifted as is Darlene! This concert will be a collection of patriotic songs that most of you

already know, so if you would like to join us to sing, come on Sunday nights at 6:00pm at Bergholz UMC and practice with us! You don't have to read music or even sing well, just be prepared to lift your voice up to God and do the best you can for Him!

The greatest gift ever given to us, was Jesus Christ lifted high on the cross of Calvary; that offering by Him to us can NEVER be minimized or made little of and we can NEVER repay what He has done for us, but what we can do is offer back to Him our heartfelt gratitude and love and one of the ways we do that is by sharing the gifts and talents that God has given to us to others in song. Come out and SING!

Chestnut Ridge UMC was blessed to be able to serve God and the local community this past July and August by hosting the Hot Dog stand at Sanders market in Carrollton. This is such a COOL opportunity! Sanders provides virtually ALL of the necessary elements to provide hot dogs and a cold drink for the public; they provide the hot dogs, buns condiments, and the space for selling said dogs. We provide the volunteers, make up the Coney sauce, and sauerkraut and usually have a BLESSED time making a little extra money for whatever ministries or expenses we might have. Sanders keeps a percentage, gives us a

percentage and everybody walks away happy and hopefully, not hungry! THANK YOU, SANDERS MARKET! The hot dog stand continues most of the summer long and there is some kind of drawing to determine which organization mans the Hot dogs. It's FUN! And EVERYBODY wins!

We will resume our Bible study at Bergholz UMC on Tuesday's at 1:00pm on Sept. 6th continuing our study of the book of Acts and chapter 9. It has been an interesting study that I have enjoyed. I look forward to getting back to it.

Summer is almost over and while I enjoy the warm days, I will not miss the humidity that has been prevalent this summer. I long for the cooler days and even the cold that will soon be upon us. And truly, I look forward to the blowing snow! AHHA, Ohio in January! Can't beat it!

I will leave you on that, for some perhaps, sour note!

Shalom, Pastor Lee Iden



America the Beautiful

*O beautiful for spacious
skies,
For amber waves of grain,
For purple mountain
majesties
Above the fruited plain!
America! America!
God shed his grace on
thee
And crown thy good with
brotherhood
From sea to shining sea!
O beautiful for pilgrim
feet
Whose stern impassioned
stress
A thoroughfare of freedom
beat
Across the wilderness!
America! America!
God mend thine every
flaw,
Confirm thy soul in self-
control,
Thy liberty in law!*

*O beautiful for heroes
proved
In liberating strife.
Who more than self their
country loved
And mercy more than life!
America! America!
May God thy gold refine
Till all success be
nobleness
And every gain divine!
O beautiful for patriot
dream
That sees beyond the years
Thine alabaster cities
gleam
Undimmed by human
tears!
America! America!
God shed his grace on
thee
And crown thy good with
brotherhood
From sea to shining sea!*

**East Springfield
Christ UMC**

By: *Nicki Tennant*
740.543.3002

Wow, we blinked, and summer is over and fall weather is here! We hosted Vacation Bible School for many children in our community. They learned that Jesus is the Ticket to a happy life on earth and eternal life in heaven. At the end of the week the children and families were invited to a carnival to try their luck at several traditional carnival style games and win unique prizes – including goldfish! I think the adults had as much fun as the children.

Something new to our church campus is a Little Free Library. It is located along the sidewalk in front of the church. Stop by and borrow a book or two. We still have our soccer and volleyball nets on the side lawn. Feel free to play on our lawn!

We have been collecting items for donation to the *Paws Pantry* at Edison High School and John Gregg Elementary. Most needed items include deodorant, travel size shampoo or soap, hair ties, and feminine hygiene products. Clothing needs include smaller size clothing (especially leggings or sweatpants) flip flops, and tennis shoes. We continue to collect non-food items for WEBA. Pastor Greg has issued a challenge to each member of our Congregation to

purchase at least one item each month for WEBA.

On Tuesday September 13th at 6:30pm we will start our fall Bible Study - *Hebrews: Grace and Gratitude* By: David A. deSilva

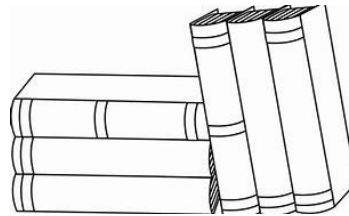
The Book of Hebrews helps us see the connection between God's grace in our lives and the call to invest ourselves in God's mission in the world. In doing so, we express gratitude for the salvation we have received and respond to God's grace by being faithful to the One who delivers us. In *Hebrews: Grace and Gratitude*, author and New Testament scholar David deSilva takes you through a study of Hebrews, tracing the themes of grace and gratitude through this unique New Testament book. In the Book of Hebrews, you will discover a bold perspective on who Jesus is and what he has done, as well as a powerful reflection on the meaning and significance of his death and resurrection in light of the Old Testament. As you read and study this letter, you will receive a deeper appreciation for the salvation we have received through Christ and hear afresh God's call to a life of gratitude and faithfulness.

Please join us for this study.

We will be having Trunk or Treat in the Church Parking Lot at Halloween. The date has not been determined yet. The time

will be 5pm-6pm. It will be the same evening as the Halloween Party at the Community Center. Watch social media or for flyers around the community for the date.

If you are looking for a home church, or just want to stop in for a visit, Sunday School is at 9:45am and Morning Worship at 11:00. Please come and join us.



**Library of Steubenville
and Jefferson County**

By: *Jennifer Cesta*
740.282.9782

**BOOKMOBILE
SCHEDULE**

Thursdays

September 15th

October 6th & 27th

Main Street Amsterdam

10am

Bergholz Fire Hall

11am

Bergholz Post Office

12:30pm

Red Dog Road

Contact the Library to
learn about our
Book Club
dates and current titles.

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September Holidays

5th - Labor Day

11th - Patriot's Day

11th - Grandparents' Day

22nd - First Day of
Autumn

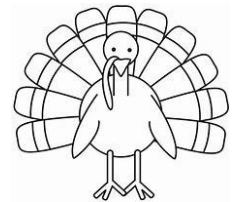
25th - Gold Star Mother's
Day



October Holidays

10th - Columbus Day

31st - Halloween



November Holidays

1st - All Saint's Day

6th - Daylight Saving
Time Ends

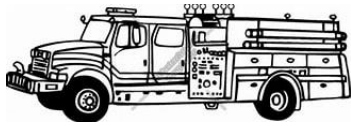
8th - Election Day

11th - Veteran's Day

24th - Thanksgiving Day

27th - Advent Begins





Bergholz VFD

By: Dwayne Morley
740.543.3306

The last weekend in August saw a lot of action in our village. Bergholz was once again host to the Lumberjack 100 Enduro race. BVFD was fortunate once again to have a role in this event. In addition to helping the Enduro organizers, racers, and support teams, we have our one fundraiser of the year - a weekend of meals, raffles, and auctions

Winner of \$775.00 in the 50/50 Raffle was Raymond Vincenzo. Jim Beadnell was the winner of the gun safe donated in memory of Firefighter Eddy Dailey. Jim also won the picnic table donated by DeNoon Lumber. DeNoon Lumber is one of the biggest supporters of the entire Enduro weekend, the race and the fund raisers. They also donated a Rovr Cooler on wheels that was won by Lori Vincent. Raven Shannon won the charcoal grill donated by Sean Dorsey of Carryout Express. Janice Morley and Ennie Morgan each won a Pottsy Flower. There were more than seventy-five (75) Chinese auction donations from local businesses and members of our community.

There are too many people to name

individually that helps to make this weekend a success. Special thanks need to go to Donna Dailey and the Bergholz Supermart for managing the kitchen for all three meals. Thanks to the many community members who volunteered in the kitchen and to those who baked the many, many desserts. Thank you to Casey & Mike Barnhouse for coordinating all the raffles and auction items. A huge thank you again to DeNoon Lumber for their generous support.

A special heartfelt thank you to the Volunteer Fire Departments of Fox Township, Richmond, and East Springfield for volunteering on race day to offer support along the racecourse.

Fire Prevention Week is October 9th - 15th. This year's theme is "Fire Won't Wait. Plan Your Escape." This is an excellent time to check your home to make sure your smoke detectors and carbon monoxide detectors are in good working order. We will do a presentation at John Gregg Elementary during Fire Prevention Week.

By the time you read this we should have received our new fire truck. Please take time to stop by the fire house and see the truck.

Again, thank you to everyone who gives generously of their time to support the BVFD. We appreciate each one of you.

Bergholz EMS

By: Don Rowe 740.768.2659

We are pleased to announce we have two new EMTs, Jennifer Moretta and Ryan Herron. Congratulations Jennifer and Ryan and thank you for giving of your time to help the Bergholz Community. You and all the EMTs are appreciated.

Ruritans

By: Don Lyons 740.768.2680

The Bergholz Ruritan would like to thank everyone who participated in the 4th of July Parade and Activities. We are fortunate to live in this wonderful Village where families and friends can come together to enjoy each other's company and celebrate our nation's independence.



MisFit Gym

By: Tara Givens

740.461.9618

Jessica Champion

740.768.7027

Mindy Carpenter

740.768.0313

Misfit Gym held their annual Lumberjack 5K on August 27th. Our winners were: 1st- Beth Krupczak, 2nd place- Drake Givens, and 3rd place- Vicki Crow. We would like to thank everyone who helped make this day a success for us.

Misfit gym is also starting up classes again in the fall. The hall side, with Ruth Ann Kirkman, will have classes on Monday and

Wednesday with Functional Strength training at 5:00 and a Cardio at 6:00. She also has class on Thursday with Functional Fitness at 9:00 and Cardio at 10:00. These classes are all provided on the hall side of Misfit Gym. On the gym side, classes will be led by Val Stine, on Monday and Thursday at 6:00 and Sunday at 5:00. These classes will include cardio and weight training intervals. One month membership is 25.00 per month and 15.00 per month for 65 and up. All classes are included in your membership and your first class is FREE. Come check us out! Follow us on our Facebook page for any changes to classes.

Also, our fellowship hall is still available for rentals for events for \$75.00. Contact one of the owners to inquire about renting our space or joining our gym.



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